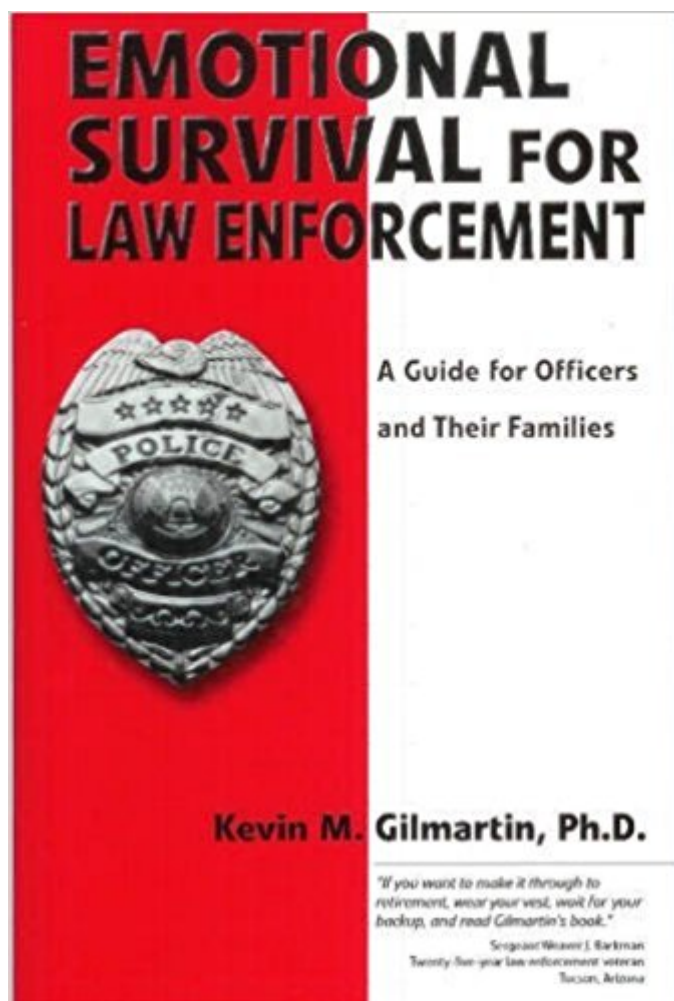


The book was found

# Emotional Survival For Law Enforcement: A Guide For Officers And Their Families



## Synopsis

Emotional survival for law enforcement: A guide for officers and their families 1st Printing Edition

## Book Information

Paperback: 142 pages

Publisher: E-S Press; 1st Printing edition (2002)

Language: English

ISBN-10: 0971725403

ISBN-13: 978-0971725409

Package Dimensions: 8.4 x 5.4 x 0.4 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.8 out of 5 stars 366 customer reviews

Best Sellers Rank: #3,735 in Books (See Top 100 in Books) #2 in [Books > Law > Criminal Law > Law Enforcement](#) #942 in [Books > Textbooks](#)

## Customer Reviews

Emotional survival for law enforcement: A guide for officers and their families 1st Printing Edition

Another Must Read! If this book is not already on the mandatory reading list for every officer in training, it should be! My husband and I heard about it in a chaplaincy school we attended and ordered it. I'm so glad I did because it really helps us to understand the unique challenges police officers and other first responders face. My nephew in Germany just started police school and I will give him this book. I believe this can save officers lives, careers and marriages. Knowing and understanding the dynamics that are clearly described in this book can be like a bullet proof vest for the emotional part of their being. The wisdom shared in this book is a mighty tool for every law enforcement officer.

Incredible book! I highly recommend it to anyone and everyone in law enforcement and also to their families and friends. Gilmartin's career is astounding, the information he gathered is great, and the way he writes makes it easy and enjoyable for anyone to read which is a feat indeed! Outstanding.

Great book, wish they'd given this to all academy recruits. See Dr. Gilmartin in person if you're ever given the opportunity.

This should be "Mandatory" reading material for every Police Officer/Sherriff Deputy/Correctional Officer, etc. while they're in their respective training Academies. It will not only save themselves from getting "fired," or "divorced," but should ensure that they make it to their "retirement" alive.

This book is a must have for all law enforcement and families. No matter how far in your career you are. Best to read for those whom are new LEOs. But if your LEO has been doing this job for years it really helps families understand the hypervigilance dump when they get home and why they become jaded.

This book is AMAZING!! It should be a mandatory read for all academy students, their spouse, and their family. Everyone in the law enforcement community needs to read this book...and reread it a few times a year for their entire career. Buy a few copies!

Great book for LEO. Provides insight for officers and their family/friends. The details are accurate on so many levels and the advice will keep families in tact for the long haul. As an LEO for a decade now I know putting family and work in perspective simultaneously requires a balancing act like none other. This great read is designed for the go-getter. Buy it, read it, practice it.

This book is great for anyone who wants to get into the field of law enforcement, or any family members of law enforcement. I am artily pursuing a career in policing and this book has left me more prepared for the field. This book talks a lot about the emotional troubles that come along with the field and what you can do to combat them. This book would be good for a cop to read because it would help them combat the common problems, likewise I think it would be good for families to read because it will help them understand their law enforcement family member.

[Download to continue reading...](#)

Emotional survival for law enforcement: A guide for officers and their families Emotional Intelligence: Why You're Smarter But They Are More Successful (Emotional intelligence leadership, Emotional Quotient, emotional intelligence depression, emotional intelligence workbook) Preparing For Your Civil Deposition: A Guide for the Law Enforcement Professional (Law Enforcement Professional Enhancement Series) (Volume 1) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) History of the Tenth Regiment, Vermont: With Biographical Sketches of the Officers Who Fell in Battle. And a Complete Roster of All the Officers

and ... Existence of the Regiment (Civil War) Emotional Intelligence: 3 Manuscripts - Emotional Intelligence Definitive Guide, Mastery, Complete Step by Step Guide (Social Engineering, Leadership, ... (Emotional Intelligence Series Book 4) The Detrimental Effects of Emotional Abuse: How Emotional Abuse and Emotional Elder Abuse Destroy Us All The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban Environment(The Prepper's Urban survival ... A Beginner's Urban Survival Prepping SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) Why Do Christians Shoot Their Wounded?: Helping (Not Hurting) Those with Emotional Difficulties (Not Hurting Those With Emotional Difficulties) Prison Officers and Their World Jump Start Your Mortgage Career: A Proven Mortgage Marketing Plan For Loan Officers And Mortgage Brokers Who Want To Skyrocket Their Income in 30 Days True Police Stories: Officers Tell Of Their Most Disturbing On Duty Calls Ever (Bizarre True Stories Book 3) Michigan Criminal Law AND Procedure: A Manual for Michigan Police Officers Directors' and Officers' Liability Insurance (Lloyd's Insurance Law Library) MCOLES Exam Secrets Study Guide: MCOLES Exam Review for the Michigan Commission on Law Enforcement Standards Reading and Writing Test (Mometrix Secrets Study Guides) California Police Officer Exam Study Guide: California POST (Post Entry-Level Law Enforcement Test Battery) Test Prep and Practice Test Questions for the PELLET-B California POST Exam Guide (PELLETB): POST Entry-Level Law Enforcement Test Battery Florida Law Enforcement Basic Abilities Test (BAT) Exam Guide

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)